

BEEF BOARD MAN OF LA MANCHA - MENU ALLERGY INGREDIENTS

					MENU/S						
	EGGS	DAIRY	MSG	GLUTEN		NUTS	GARLIC	SOY	BUTTER/SUET	WHEAT	SEED OIL
BAKED CHICKEN	NO	NO	NO	NO		NO	YES	NO	NO	NO	NO
SPANISH OLIVE SAUCE	NO	NO	NO	NO		NO	YES	YES	NO	NO	NO
BLAZING RED FISH	NO	YES	NO	YES		NO	YES	NO	NO	YES	SOY
NEW POTATOES	NO	NO	NO	NO		NO	NO	NO	YES	NO	NO
PORTABELLA PASTA	NO	COCONUT MILK		NO		NO	YES	NO	YES	NO	NO
BRAISED RED CABBAGE	NO	NO	NO	NO		NO	NO	NO	NO	NO	NO
ROASTED ASPARAGUS	NO	ADDED	NO	NO		NO	NO	NO	NO	NO	OLIVE
Ice Cream				NO							
					SALAD DRESSINGS						
RANCH		Yes	Yes	No		No	Yes				
RUSSIAN		No	No	No		No	Yes				
HONEY MUSTARD		No	No	No		No	No				
BLUE CHEESE		Yes	Yes	No		No	No				

If you have any questions, please see Chef Odell.